

# **B S C**

## *Blackstairs Slaney Challenge*

The Porters of Castledockrell (otherwise known as Jane and Graham) as part of their housewarming party (eventually!) would like to invite you to participate in **an invitational fun adventure race** on Saturday 14th July in beautiful Co. Wexford.

### **Format**

This is a race of 5 stages for teams of 1 to 5. Own car, bike and kayak required. The race starts and finishes at the house.

1. 11K mountainbike stage on tracks and minor country roads.
2. 15K mountain run on Blackrock Mountain and Mount Leinster
3. 19K mountainbike stage on Sth Leinster Way and minor roads.
4. 9K Kayak on Slaney from Clohamon to Ballycarney (no weirs!)
5. 3.5K uphill lane/road run back to house.

**Stage 6** Shower, Jacuzzi, Food, Drink and Party Party Party + stay the night

**Marshals, Helpers and General Hangers On All Welcome!**

**Address:** *Knockanaifrin, Castledockrell, Ballycarney, Co Wexford.*

**Where the hell is that?** OS map 68 or 69 Grid Ref 944 494 The dot marks the house. Full directions on request. Jane 0876799490 Graham 0872286186