

Position	Name	Club	No.	Cat	Time	% of Win of Time
1	Keith Heary	Carlow Runners	236	M	00:23:05	100%
2	Kieron Collins	Leevale	235	M	00:24:30	106%
3	Edward White	Slaney Olympic	258	M	00:25:08	109%
4	Stephen Tyrell	Slaney Olympic	263	M	00:26:17	114%
5	John Moore	Kilmore	254	M40	00:26:23	114%
6	Rene Borg	Crusaders AC	250	M	00:26:29	115%
7	Chris Squance	Slaney Olympic	237	M	00:26:45	116%
8	Fiona Kehoe	Kilmore	259	F	00:27:08	118%
9	Jason Kenny	SBR	246	M	00:27:40	120%
10	Fergus Murphy	Slaney Olympic	264	M	00:28:03	122%
11	Adrian Stafford	Kilmore	257	M40	00:29:18	127%
12	John Casey	Carlow Runners	247	M40	00:29:37	128%
13	Thomas Galvin	IMRA	239	M	00:29:49	129%
14	P Chris Kennedy	Slaney Olympic	248	M40	00:29:58	130%
15	Ger Murphy	Slaney Olympic	249	M40	00:30:14	131%
16	Helen Doyle	Kilmore	260	F	00:30:20	131%
17	Paddy Morgan	Kilmore	241	M	00:30:28	132%
18	Vivian O'Gorman	IMRA	238	M50	00:31:18	136%
19	Liz Ryan	Bray Runners	243	F	00:31:38	137%
20	Myles Murphy	IMRA	251	M60	00:31:58	138%
21	Frances Barden	Kilmore	256	F40	00:32:10	139%
22	Helen Murray		245	F	00:32:56	143%
23	Derek Livingstone	IMRA	242	M	00:33:24	145%
24	Lar Doyle	Slaney Olympic	261	M50	00:33:52	147%
25	Carole Percival		253	F40	00:34:22	149%
26	Nahn Ambravason		252	F40	00:35:46	155%
27	Brid Hayes	Kilmore	240	F	00:39:01	169%
28	Charlie O'Connell	IMRA	262	M70	00:42:12	183%
29	Tom Fowley		244	M40	00:47:24	205%
30	Dawn Tynen		255	F	00:48:01	208%

**M**

Keith Heary

**F**

Fiona Kehoe

**M40**

John Moore

**F40**

Frances Barden

**M50**

Vivian O'Gorman

**M60**

Myles Murphy

**M70**

Charlie O'Connell

**TEAM**

<i>Men</i>	<i>Club</i>	<i>Pts</i>	<i>Scorers</i>
	1 Slaney Olympic	14	Edward White, Stephen Tyrrell, Chris Squance
	2 Kilmore	31	John Moore, Adrian Stafford, Paddy Morgan
	3 IMRA	45	Thomas Galvin, Vivian O'Gorman, Myles Murphy
<i>Women</i>	<i>Club</i>	<i>Pts</i>	<i>Scorers</i>
	1 Kilmore	7	Fiona Kehoe, Helen Doyle, Frances Barden